

TALKING POINTS

- *My Dirty Little Secrets – Steroids, Alcohol and God: The Tony Mandarich Story* is an inspirational/self-help book
- Describes my journey including football, alcohol and drug addiction and recovery
- The disease (addiction) doesn't discriminate; AA doesn't either
- The role of Grit and Determination in my life
- Draft Day, 1989
- John Mandarich and John Whyte
- Addiction, Regrets, and Life Lessons
- What addiction was like for me
- Recovery: decisions I had to make
- My life now: MMG and family