

PRAISE FOR *MY DIRTY LITTLE SECRETS*

“The crossroads are always defined simply by God saying, “Give me your hand.” This is the wonderment of Tony Mandarich’s story... How can we find the words to describe amazing grace? Grace is not earned or fought for; grace is accepted. ...[*My Dirty Little Secrets*] is a testament that faith in a higher power can bring us to salvation and light... Tony’s story is touched by magic and brushes against the tragic. It’s a great human journey and a victory for the human spirit.”

Jim Irsay, Owner
Indianapolis Colts
Super Bowl XLI Champions

“Tony Mandarich is remembered by many as the NFL's all-time bust, but after reading *My Dirty Little Secrets*, readers will understand why he failed and marvel at this uplifting story of how he reclaimed his life.”

Bill Chastain
MLB.com
Author of "Payne at Pinehurst" and "Steel Dynasty"

“A humbling story told with passion and conviction, Tony allows us to see what addictions can do to human spirit, family structure, and career. However, he also gives us the vision of hope and empowerment if we choose to follow the path of surrender, self-forgiveness and the belief in a Higher Power. Reading *My Dirty Little Secrets – Steroids, Alcohol and God* will touch every aspect of your being.”

Irene Watson,
Author of “The Sitting Swing: Finding Wisdom to Know the Difference”

“Brutally honest at times, and always straightforward, Tony Mandarich’s *My Dirty Little Secrets* is in my opinion first and foremost a great book about the power we all hold within ourselves and everything we can achieve if we only decide to do the right thing. Unfailingly optimistic, but never preachy, this book should find a wide audience of those who are curious enough to reserve judgment until they learn all of the facts. I am not qualified to say how good of a football player Tony Mandarich ever was, but he is certainly a brave man and one who can walk with his head held high anywhere in this world.”

Reviewed by Olivera Jackson-Baumgartner for Reader Views
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